

WELLBEING INTENT

INTENT

- At Pathways Education, we aim to promote positive social, emotional and mental wellbeing of every member of our school community. We recognise that the student's past experiences, mental health and overall wellbeing can affect learning and achievement and intend to support this wholistically to enable them to transition into the next phase of the life with confidence and as independently as possible. Alongside we embed SMSC in everything we do. This bespoke curriculum will help build an awareness of their needs and those of others, develop resilience, teach respect and tolerance, appreciate their individuality, encourage them to express themselves and help them to understand the world around them providing them with a strong foundation for future learning and living.

IMPLEMENTATION

- Our students will take part daily wellbeing/PSHE sessions per week that support children's transitions from home to school, giving them opportunities to build on connections with staff and also form part of our therapeutic intervention
- Through a range of enriching opportunities and activities, the pupils will build a sense of belonging and self-worth, provide an opportunity to share positive experiences in a relaxed environment and to help build self-esteem and confidence. The students will also actively engage in physical activity throughout the school week.
- Personal, Social and Health Education (PSHE) is a central to the curriculum across the whole school. PSHE assists pupils to cope with the changes at puberty, introduces them to a wider world, manage transitions and enables them to make an active contribution to their communities.
- The students will have opportunities to learn outside the classroom and develop their life skills. Develop their learning through specialised workshops and outside agencies and professionals. (such as Equine Empowerment, trips and visits to the Pathways café)
- We include national awareness days, related to mental health, social, medical or environment issues in the school calendar and plan activities for the whole school community
- Through Physical Education, student's are given opportunities that contribute to their physical, emotional development and health. They experience a range of individual, team, co-operative and competitive activities to cater for individual needs and abilities in a safe and supportive environment.
- Opportunities to express themselves through exploring and creating, including music, art and play and promoting learning outside of the classroom.
- SMSC activities are embedded into our daily provision linked across the self, school and community

IMPACT

- Increasing self-confidence through an ability to manage themselves successfully in a variety of situations
- Understand how to form and maintain relationships, develop an understanding of diversity, how to cope with change, and understanding how to make positive mental health choices
- Students become confident to explore life and beyond, take safe risks and learn as they go.
- They will be able to lead meaningful lives and understand how to keep themselves safe now and into adulthood
- They will demonstrate a healthy outlook towards school, reflected in attendance and behaviour.
- Students will have a positive image of themselves and increased self-esteem.
- Their oracy skills will develop and as a result become better communicators.
- They will know their rights and responsibilities as active citizens.